



October 2017 South Pointe Elementary BREAKFAST MENU

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	WG Apple Cinnamon Muffin Fruit 100% Orange Pineapple Juice	3	WG Chocolate Mini Donuts Fruit 100% Apple Juice	4	WG Breakfast Sandwich Banana 100% Orange Juice	5	WG Cinnamon Chex Fruit 100% Fruit Punch	6	WG Waffles w/ Syrup Banana 100% Apple Juice
9	NO MEAL SERVICE	10	NO MEAL SERVICE	11	NO MEAL SERVICE	12	NO MEAL SERVICE	13	NO MEAL SERVICE
16	WG Bagel w/ Cream Cheese Fruit 100% Orange Pineapple Juice	17	WG Ubr Sunberry Round Fruit 100% Apple Juice	18	WG Breakfast Burrito Banana 100% Orange Juice	19	WG Trix Cereal Fruit 100% Fruit Punch	20	WG Apple Cinnamon Overnight Oats Banana 100% Apple Juice
23	Raspberry -or- Peach Yogurt w/ WG Animal Crackers Fruit 100% Orange Pineapple Juice	24	WG Blueberry Loaf Fruit 100% Apple Juice	25	WG Strawberry Yogurt Chex w/ Cheese Stick Banana 100% Orange Juice	26	WG Cinnamon Toast Crunch Cereal Fruit 100% Fruit Punch	27	WG French Toast w/ Syrup Banana 100% Apple Juice
30	WG Ubr Cinnamon Round Fruit 100% Orange Pineapple Juice	31	WG Strawberry PopTart Fruit 100% Apple Juice						

* This institution is an equal opportunity provider and employer.

* Menus are subject to change based on product availability.

* WG = whole grain

All meals come with choice of 8 oz. 1% milk or 8 oz. fat free chocolate milk

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LUNCH MENU

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
2	*BBQ Beef Bowl w/ WG Cracker w/ Mashed Potatoes & Fruit	3	*Chicken Sandwich w/ BBQ Beans & Fruit	4	*Nuestro's WG Cheese Pizza w/ Garden Salad & Fruit	5	*Orange Chicken w/ WG Rice w/ Cucumber Coins & Fruit	6	*WG Red Chili Bean & Cheese Burrito w/ Carrots & Fruit
9	NO MEAL SERVICE	10	NO MEAL SERVICE	11	NO MEAL SERVICE	12	NO MEAL SERVICE	13	NO MEAL SERVICE
16	*WG Chicken Corn Dog w/ Carrots & Fruit	17	*WG Breakfast Sandwich w/ Ham w/ Tater Tots & Fruit	18	*Nuestro's WG Cheese Pizza w/ Garden Salad & Fruit	19	*Cheeseburger on WG Bun w/ Dill Pickle Spears & Fruit	20	*WG Mac N' Cheese w/ BBQ Beans & Fruit
23	*Hot Ham & Cheese w/ Tater Tots & Fruit	24	*Chicken, Cheese & Bean Burrito w/ Carrots & Fruit	25	*Nuestro's WG Pepperoni Pizza w/ Garden Salad & Fruit	26	*Chicken Teriyaki w/ WG Rice w/ Cucumber Coins & Fruit	27	*WG Chicken Sandwich w/ Cheese w/ Ranch Beans & Fruit
30	*Hamburger on WG Bun w/ Carrots & Fruit	31	*Red Chili Chicken Enchilada w/ Spanish Rice w/ Refried Beans & Fruit						

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