

October 2019 Advance U Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Trix Cereal Fruit & 100% Juice	2 Maple Madness Waffles Fruit & 100% Juice	3 Chocolate Donuts Fruit & 100% Juice	4 Cheese Omelet w/ WG tortilla Fruit & 100% Juice
7 NO MEAL SERVICE	8 NO MEAL SERVICE	9 NO MEAL SERVICE	10 NO MEAL SERVICE	11 NO MEAL SERVICE
14 NO MEAL SERVICE	15 Lucky Charms Cereal Fruit & 100% Juice	16 Glazed French Toast Fruit & 100% Juice	17 Grape Crescent Fruit & 100% Juice	18 Sausage Pancake Wrap Fruit & 100% Juice
21 Strawberry Pop Tart Fruit & 100% Juice	22 Cocoa Puffs Cereal Fruit & 100% Juice	23 Mini Cinnis Fruit & 100% Juice	24 Powdered Donuts Fruit & 100% Juice	25 Turkey Sausage Sandwich Fruit & 100% Juice
28 Chocolate Chip UBR round Fruit & 100% Juice	29 Apple Cinnamon Cheerios Fruit & 100% Juice	30 Pancakes w/Syrup Fruit & 100% Juice	31 Chocolate Filled Cocoa Puffs Bar Fruit & 100% Juice	**Choice of skim white, 1% white or fat free chocolate milk served with each meal**

This institution is an equal opportunity provider

October 2019

Advance U

Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 *Red Chili, Cheese & Bean Burrito *Ham Sub *Buffalo Chicken Salad *Yogurt Grab N' Go w/Fruit & Celery/ Carrot	2 *Pepperoni Pizza *Turkey Sub *Popcorn Chicken Salad *Yogurt Grab N' Go w/Juice & Salad	3 *Meatball Sub *PB&J Uncrustable *Chicken Caesar Salad *Yogurt Grab N' Go w/Fruit & Carrots	4 *Popcorn Chicken N' Tots *Hero Sub *BBQ Chicken Salad *Yogurt Grab N' Go w/Juice & Tots
7 NO MEAL SERVICE	8 NO MEAL SERVICE	9 NO MEAL SERVICE	10 NO MEAL SERVICE	11 NO MEAL SERVICE
14 NO MEAL SERVICE	15 *Popcorn Chicken, Corn & Potatoes *Ham Sub *Buffalo Chicken Salad *Cheese Grab N' Go w/Juice & Mashed Potatoes	16 *Pepperoni Pizza *Turkey Sub *Popcorn Chicken Salad *Cheese Grab N' Go w/Juice & Salad	17 *Chicken Teriyaki w/ WG Rice *PB&J Uncrustable *Chicken Caesar Salad *Cheese Grab N' Go w/Fruit & Carrots	18 *Mac N' Cheese *Hero Sub *BBQ Chicken Salad *Cheese Grab N' Go w/Fruit & Celery
21 *Chicken Corn Dog *PB&J Uncrustable *Chicken Taco Salad *Yogurt Grab N' Go w/Fruit & Ranch Beans	22 *Cheeseburger *Ham Sub *Buffalo Chicken Salad *Yogurt Grab N' Go w/Fruit & Whole Pickle	23 *Cheese Pizza *Turkey Sub *Popcorn Chicken Salad *Yogurt Grab N' Go w/Juice & Salad	24 *Cheese Quesadilla *PB&J Uncrustable *Chicken Caesar Salad *Yogurt Grab N' Go w/Fruit & Carrot	25 *Cheesy Chicken & Tots *Hero Sub *BBQ Chicken Salad *Yogurt Grab N' Go w/Juice & Tots
28 *Chicken, Cheese & Bean Burrito *PB&J Uncrustable *Chicken Taco Salad *Peanut Butter Grab N' Go w/Fruit & Ranch Beans	29 *BBQ Chicken Sandwich *Ham Sub *Buffalo Chicken Salad *Peanut Butter Grab N' Go w/Fruit & Whole Pickle	30 *Pepperoni Pizza *Turkey Sub *Popcorn Chicken Salad *Peanut Butter Grab N' Go w/Juice & Salad	31 *Orange Chicken & Rice *PB&J Uncrustable *Chicken Caesar Salad *Peanut Butter Grab N' Go w/Fruit & Carrot	**Choice of skim white, 1% white or fat free chocolate milk served with each meal**

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