



Kaizen Education Foundation dba Advance U promotes healthy schools by supporting wellness, good nutrition and physical activity as part of the total learning environment. Advance U is dedicated to providing a school environment that enhances learning and development of lifelong wellness practices.

Nutritional Requirements:

- The school will participate in the National School Lunch Program and School Breakfast Program and Summer Foods Program.
- Food served on campus will meet all Nutritional Standards designated by the USDA.
- All students will have an opportunity to eat healthy, well balanced meals at no charge.
- Provide students with a school environment that is safe, clean, comfortable, and allows adequate time and space for consumption of meals.
- Students will have access to free, safe, and fresh drinking water throughout the school day.
- The school will provide skim and 1% milk to students.

Competitive Foods and Beverages:

- Soda and snacks will not be available for sale on school grounds.
- Advance U does not participate in selling food items or Smart Snacks.

Food and Beverage Marketing in schools:

- Advance U is committed to market or promote foods and beverages that will meet or exceed the USDA's smart snacks and nutrition standards.
- Food and beverage marketing is defined as advertising and other promotions in schools. Food and beverage marketing often includes an oral, written, or graphic statements made for the purpose of promoting the sale of a food or beverage product made by the producer, manufacturer, seller or any other entity with a commercial interest in the product. This term includes, but is not limited to the following:
 - Brand names, trademarks, logos or tags, except when placed on a physically present food or beverage product or its container.
 - Displays, such as on vending machine exteriors
 - Corporate brand, logo, name or trademark on school equipment, such as marquees, message boards, scoreboards or backboards (Note: immediate replacement of these items are not required; however, districts will replace or update scoreboards or other durable equipment when existing contracts are up for renewal or to the extent that is in financially possible over time so that items are in compliance with the marketing policy.)
 - Corporate brand, logo, name or trademark on cups used for beverage dispensing, menu boards, coolers, trash cans and other food service equipment; as well as on posters, book covers, pupil assignment books or school supplies displayed, distributed, offered or sold by the District.
 - Advertisements in school publications or school mailings.
 - Free product samples, taste tests or coupons of a product, or free samples displaying advertising of a product.

Education Requirements:

- Nutrition education shall be integrated within the comprehensive health education curriculum and be taught at every grade level.
- Students will be encouraged to start each day with a healthy breakfast.
- The school shall support the nutrition education program and be linked to the school meal program.
- The school will provide nutrition education through the use of the school's announcements, newsletters and website.
- All stakeholders will be provided the opportunity to give feedback on wellness goals through our website, e-mail or open house events.

Physical Education & Physical Activity:

- Physical Education classes are available for all students in grades K-3
- All students in grades Pre-K-3 shall receive daily supervised recess.
- Students in grades K-3 will receive approximately 80 minutes per week of physical education instruction in addition to 80 minutes of recess per week
- School promotes physical activity through school events such as Field Day.

Promote Student Wellness:

- The school will invite, parents, students, school office personnel to develop, monitor review and revise the Local Wellness Policy annually.

Policy Recommendations:

- Policy recommendations are available via e-mail and at the Local Wellness Policy meeting.

Implementation and Monitoring:

- To ensure implementation of the LWP, the policy will be posted on the school's website. Cindy Corado will be responsible for monitoring policy implementation and distributing pertinent information to the schools.